

Order online by 9am
for delivery Friday

eZlunch MENU

Birkdale Intermediate School / Term 1 2021



90 Akoranga Drive (inside AUT N...
Northcote
Auckland
09-486 6957

6 INCH

Chicken Strips - 6 Inch	\$6.00
Ham - 6 Inch	\$5.50
Roast Beef - 6 Inch	\$5.50
Salami - 6 Inch	\$5.50
Tuna - 6 Inch	\$5.50
Turkey - 6 Inch	\$5.50
Veggie Delite - 6 Inch	\$5.50

FOOTLONG

Chicken Strips - Footlong	\$9.00
Ham - Footlong	\$8.50
Roast Beef - Footlong	\$8.50
Salami - Footlong	\$8.50
Tuna - Footlong	\$8.50
Turkey - Footlong	\$8.50
Veggie Delite - Footlong	\$8.50

MINI SUBS

Chicken Strips - Mini	\$4.50
Ham - Mini	\$4.00
Roast Beef - Mini	\$4.00
Salami - Mini	\$4.00
Tuna - Mini	\$4.00
Turkey - Mini	\$4.00
Veggie Delite - Mini	\$4.00

COOKIES

1 x cookie	\$1.20
3 x cookies	\$3.00
6 x cookies	\$5.20
cookie	\$1.20

DRINKS

Coke 600ml	\$4.20
Coke Zero 600ml	\$4.20
Coke Diet 600ml	\$4.20
L&P; 600ml	\$4.20
Fanta 600ml	\$4.20
Sprite 600ml	\$4.20
Pump Water 750ml	\$4.00
Keri Orange	\$3.50

Order online... www.ezlunch.co.nz

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Need help? Visit support.mykindo.co.nz or call
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Constellation Drive Home Zone
Mairangi Bay
09-414 2428

WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 6pcs	\$8.80
Tue	TUESDAY - Pizza Smoked Salmon & Spinach	\$5.20
Tue	TUESDAY - Pizza cheese & ham	\$4.90
Tue	TUESDAY - Pizza cheese & pineapple	\$4.90
Wed	WEDNESDAY - LARGE Teriyaki chicken on rice	\$8.10
Wed	WEDNESDAY - SMALL Teriyaki chicken on rice	\$5.70
Thur	THURSDAY - LARGE Japanese Beef Curry...	\$8.40
Thur	THURSDAY - SMALL Japanese Beef Curry...	\$5.90

WARM MAINS

	NEW Pancake w. Orange, Pineapple ...	\$5.80
T.W.Th	Red Bean Paste Pancake	\$5.10
M.T.Th	Pork & Cabbage Pancake	\$5.60
M.W	Rougamo Box	\$7.00
M.T.Th.F	BBQ Pork Bun (steamed)	\$4.70
W.F	Pork & Cabbage Bun (steamed)	\$4.70
	Fried Dumpling Combo	\$11.40
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$8.00
	Mince pie (Kiwi Classic)	\$6.10
	Mince & cheese pie (Billy T)	\$6.10
M.T.F	LARGE Butter chicken on rice	\$7.60
M.T.F	SMALL Butter chicken on rice	\$5.20
	LARGE Spaghetti bolognaise	\$7.60
	SMALL Spaghetti bolognaise	\$5.20
M.T.W.Th	Vege fried rice (small)	\$5.50
W.Th.F	NEW Panini ham & cheese	\$6.80
M.T	Panini chicken & spinach	\$6.80
	GF Toasted cheese sandwich	\$5.90
M.W.Th.F	Toasted sandwich cheese & HAM	\$5.50
	Toasted sandwich CHEESE	\$4.20
	Hot dog	\$6.10
	Beef nachos (large)	\$8.10
	Mashed potato	\$3.20
	Mini Sausage roll	\$2.60
	Mince Savoury	\$2.60
	Tomato sauce	\$0.50

SUSHI

	NEW Seaweed Sushi (5 pieces)	\$7.80
	NEW Inari Sushi (5 pieces)	\$7.80
	Sushi Chicken (5 pieces)	\$7.80
	Sushi Chicken (3 pieces)	\$4.30
	Sushi Chicken & Avocado (5 pieces)	\$7.80
M.T.W.Th	Sushi Chicken & Avocado (3 pieces)	\$4.40
Tue	Tofu Pockets & Salad	\$8.10
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$7.80
	Sushi Smoked Salmon & Avocado (5 pieces)	\$8.30
Tue	Rice Balls & Salad	\$7.80
M.T.W.Th	Sushi Smoked Salmon & Avocado (3pieces)	\$4.80

Sushi Vegetarian (5 pieces)	\$7.80
Sushi Cream Cheese & Pineapple (5 pieces)	\$8.10
Soy sauce	\$0.20

COLD MAINS

	NEW Vietnamese Fresh Vegetarian Spring Rolls	\$5.50
	NEW Vietnamese Fresh Spring Rolls	\$5.50
	NEW Seaweed Inari	\$4.80
M.T.W.Th	NEW Edamame beans	\$4.00
M.T.W.Th	NEW Sweet & Sour Noodle Salad	\$4.70
M.T.W.Th	NEW Vogel Sandwich - Smoked salmon...	\$5.80
M.T.W.Th	NEW Ham & Cucumber sandwich	\$5.00
M.T.W.Th	NEW Tuna sandwich	\$5.00
M.T.W.Th	Rice Balls and Salad	\$7.80
M.T.W.Th	Tofu Pockets and Salad	\$8.10
M.T.W.Th	Vegetable Noodle Salad (small)	\$4.70
M.T	Butter chicken wrap	\$6.10
W.Th.F	Chicken Wrap	\$6.10
M.T.W.Th	Vogel - Chicken	\$5.30
M.T.W.Th	Vogel - Vegetable	\$5.30
M.T	Egg mayo sandwich	\$4.40
W.Th	Ham, Egg & Mayo Sandwich	\$5.00
	Chicken & Vege Sandwich	\$5.30

SNACKS & DESSERTS

	NEW Banana & Chocolate Yum Yum Balls	\$3.60
	NEW Chocolate Yum Yum Balls	\$3.60
M.T.W.Th	NEW After School Combo 1	\$8.50
M.T.W.Th	NEW After School Combo 2	\$8.50
	Popcorn	\$1.50
	Brownie - Chocolate	\$3.60
	Chocolate muffin	\$2.60
	Cookie - chocolate	\$2.30
	Yoghurt	\$3.20
	Fresh fruit salad	\$5.50
T.W.Th	Carrot sticks	\$2.20
T.W.Th	Grapes - fresh & washed	\$2.80
T.W.Th	Pineapple - Sliced	\$2.80
M.T.W.Th	Sweet Seaweed	\$2.60
	Organic Seaweed - 2g Snack Pack	\$1.90

DRINKS

Wed	NEW NZ Natural Lightly Sparkling Water 250ml	\$2.50
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SEE MORE ONLINE...

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CAFÉ CORNER - MEALS

	NEW Carrot cake	\$8.20
	NEW Ham,cheese and tomato Croissant	\$11.10
	NEW Banana Bread	\$5.50
	Beef Stew on Mashed Potato	\$18.20
	Beef Burger	\$15.60
	Macaroni Cheese	\$10.00
	Chicken Nuggets & Chips - Air fried	\$9.30
	Smoked Chicken Vogel Sandwich	\$8.50
	Roasted Beef Vogel Sandwich	\$8.50
Mon	Beef Lasagne, Roasted Vegetables	\$15.10
Mon	Smoked Chicken Sandwich, choc caramel slice	\$15.10
Mon	Chicken Caesar Salad	\$14.90
Tue	Chicken Mushroom Filo with Roasted Pumpk...	\$15.10
Tue	Chicken Bacon Sandwich & Mini Blueber...	\$15.10
Tue	Teriyaki Chicken Salad	\$14.90
Wed	Bacon & Veg Quiche with Baked Beans	\$15.10
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$15.10
Wed	Cajun Chicken Salad	\$14.90
Thur	Salmon Frittata, Roasted Vegetables	\$15.10
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$15.10
Thur	Chicken, Bacon & Avocado Salad	\$14.90
Fri	Smoked Chicken Panini, Baked Beans	\$15.10
Fri	Bacon & Egg Sandwich, Banana Bread	\$15.10
Fri	Roasted Mushroom Salad (Vegetarian)	\$14.90
	NEW Raspberry & White Chocolate Muffin (large)	\$4.50
	NEW Blueberry & Cream cheese Muffin (large)	\$4.50

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